IRONS OAKS ADVENTURE CENTER
A joint project of the Olympia Fields and Homewood-Flossmoor Park Districts
TEAMS COURSE, HIGH ROPES COURSE & TOWER

IMPORTANT INFORMATION

The Homewood-Flossmoor Park District and the Olympia Fields Park District are committed to conducting recreation programs and activities in a safe manner and hold the safety of participants in high regard. The Homewood-Flossmoor Park District and the Olympia Fields Park District continually strive to reduce such risks and insist that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity. **Irons Oaks reserves the right to deny participation to any participant.**

WARNING OF RISK

This Teams Course and the High Ropes Course are a series of challenging activities that engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including cervical spine injury and head/brain injury. Understandably, not all hazards and dangers associated with the Teams Course and the High Ropes Course can be foreseen. Participants must understand that certain risks, dangers and injuries due to acts of God, inclement weather, slipping, falling, insect bites, inadequate or defective equipment, failure in supervision or instruction, premises defects and all other circumstances inherent to outdoor settings and recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Homewood-Flossmoor Park District and the Olympia Fields Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in the Teams Course and the High Ropes Course, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participating in any and all activities connected with or associated with the Teams Course and the High Ropes Course. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Homewood-Flossmoor Park District and the Olympia Fields Park District, including its officials, agents, volunteers and employees.

I do hereby fully release and forever discharge the Homewood-Flossmoor Park District and the Olympia Fields Park District from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with the Teams Course and the High Ropes Course.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature. (Fax 708-481-1454)

PLEASE PRINT **Participant's Name** _____

Parent/Guardian Signature _____

Adult Participant Signature _____
(Must be 18 years of age or older)

Date: _____ **Organization Name**: _____

PARTICIPATION WILL BE DENIED
If the signature of the parent/guardian or adult participant and date are not on this waiver
DO NOT CUT or ALTER WAIVER IN ANY WAY